

# Commit to Getting Ahead. Write your future story.

## Getting Ahead in a Just Gettin' By World A 16-Week Experience

**New Session Starts August 19, 2020!**

**\*\*This group will meet each Wednesday from 4-7 PM at the Lowville NRCIL Office\*\***

"Getting Ahead in a Just Gettin'-By World" is an incredible 16-session program that encourages participants to build resources and create a plan for getting out of poverty and "Getting Ahead." Through activities and group discussions, we investigate:

- Causes of poverty
- Hidden rules we all need to know
- Resources to improve life situations
- Strategies for writing our own future story

With "Getting Ahead," no one teaches. Instead, we learn from one another by sharing our experiences, participating in problem-solving discussions and exploring ways to strengthen our community by helping people to move out of poverty.

Consider taking this step-by-step journey toward your future story.

"Getting Ahead" participants receive:

- Workbook and meeting materials
- Stipend to cover child care costs
- Transportation to and from meetings if needed
- Gift card incentives (\$25 each session)

Participants are expected to commit to the full 16 weeks. Space is limited!

**For more information visit the Bridges out of Poverty Lewis County, NY Facebook Page or contact Karen Baxter at:**

**315.250.4999**

**[bridgeslewiscounty@gmail.com](mailto:bridgeslewiscounty@gmail.com)**

# Getting Ahead in a Just Gettin' By World

## 16-Week Experience

Getting Ahead in a Just Gettin' By World can help us to:

- Identify and solve problems in a safe group environment
- Do a self-assessment of our own resources
- Develop a plan, a future story
- Get support as we build resources

What happens in Getting Ahead:

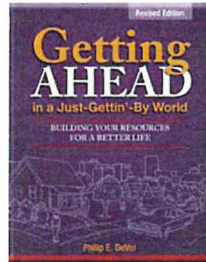
- Group of 12 - 14 meets with a facilitator for 16 workshop meetings
- Each workshop takes 3 hours
- There is no lecturing, no teaching
- Participants referred to as investigators are paid for their work

Expectations of a Getting Ahead investigator:

- Attend all sessions
- Help create and live by group rules
- Be accountable to the group for completing assignments

Supplies/ Supports for Getting Ahead investigators:

- Workbook and meeting materials
- Meals at each session
- Stipend to help with child care costs
- Transportation to and from sessions if needed
- Gift card incentives (\$25 each session)



For more information, please complete the attached form and return to:

**Bridges out of Poverty Lewis County**  
 C/O NRCIL  
 5520 Jackson St.  
 Lowville, NY 13367

First and Last Name: -----

Address: -----

City, State and Zip: -----

Cell Phone: -----

Home Phone: -----

Email: -----

Date of Birth: \_\_\_\_\_ Gender: -----

Please list names and ages of children living with you:

Name(s)	Age(s)
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Place of employment: -----

Do you have access to reliable transportation?     Yes     No

How did you hear about Getting Ahead? -----

\_\_\_\_\_

Date: -----