

**PROCLAMATION COMMEMORATING
JUNE AS DAIRY MONTH**

WHEREAS, since 1939, June has been the official “Dairy Month”, which includes encouraging all families to make milk their beverage of choice based on its nutritional values; and

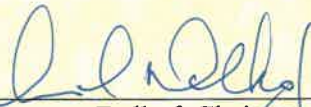
WHEREAS, the Dietary Guidelines for Americans propose three different healthy eating patterns, with dairy foods being part of all three. Dairy is a great source of the three nutrients typically lacking in American Diets: calcium, potassium, and vitamin D; and

WHEREAS, dairy farming is a family tradition, one that has been a way of life for generations with ninety-eight percent of dairy farms being family owned and operated; and

WHEREAS, dairy farming is one of the generational industries in Lewis County upon which so many residents rely. Lewis County can be proud that it is one of the highest dairy producing counties in the state; and

WHEREAS, the county seeks to recognize all the efforts of Lewis County Dairy Farmers who work hard to provide safe and wholesome dairy foods, to instill the highest work ethics, and to keep our community healthy and thriving;

NOW, THEREFORE, I, Lawrence Dolhof, Chairman of the Lewis County Board of Legislators, do hereby proclaim June as Dairy Month in Lewis County, and encourage all of our residents to recognize and express our gratitude to the dairy farmers of Lewis County for their contribution to our economy and health of our communities.



Lawrence Dolhof, Chairman
Lewis County Board of Legislators
Dated: June 6, 2023

